Omerza Orthodontics

Lorain 1740 Cooper Foster Park Rd W, Lorain, OH 44053 · (440) 960-2970

Emergency card

Print, cut along the lines, fold once. One for the wallet, one for the school bag.

Each card is wallet-sized when folded along its middle line: the first aid on one side, the numbers on the other.

FIRST AID, BEFORE YOU CALL

- **Poking wire:** push it flat with a pencil eraser; wax over the end. Not urgent.
- **Loose bracket:** leave it, wax if it rubs, call in office hours.
- **Sore teeth:** soft food, warm salt-water rinse, pain reliever as directed.
- **Lost retainer or aligner:** wear the previous one; call within days.
- **Knocked-out or displaced tooth, swelling, fever, a blow to the jaw:** urgent care or ER first, then call us.

MY ORTHODONTIST

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After hours the same number reaches us for anything that cannot wait.

Patient: _____

Next visit: _____

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PRIMEROS AUXILIOS, ANTES DE LLAMAR

- **Alambre que pincha:** aplánelo con la goma de un lápiz; ponga cera en la punta. No es urgente.
- **Bracket suelto:** déjelo, cera si roza, llame en horario de oficina.
- **Dientes adoloridos:** comida blanda, enjuague con agua tibia y sal, analgésico según la etiqueta.
- **Retenedor o alineador perdido:** use el anterior; llame en pocos días.
- **Diente golpeado o desplazado, hinchazón, fiebre, golpe en la mandíbula:** primero urgencias, luego llámenos.

MI ORTODONCISTA

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Fuera de horario, el mismo número nos localiza para lo que no pueda esperar.

Paciente: _____

Próxima cita: _____

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Most orthodontic "emergencies" are not: a poking wire, a loose bracket and sore teeth can wait for office hours, and the card tells you what to do meanwhile. A knocked-out or badly displaced permanent tooth, a possible broken jaw, severe swelling or fever go to urgent care or the emergency room first; then call us.